

Applicants for BCAA professional membership who apply five or more years after graduation, having completed a 4-year degree in Kinesiology recognized by the BCAA, may apply to have their work experience recognized as an alternative to writing and passing the core course composite examination provided it meets the requirements established by the BCAA.

Work experience submitted must demonstrate the applicant's competency to perform and/or deliver services typical to the profession of kinesiology in both clinical and non-clinical settings. Unrelated work experience hours will not be recognized and partially related hours may be adjusted at the discretion of the BCAA, when the experience does not directly relate to the criteria outlined below.

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## Criteria

### Assessment

- Conduct an accurate and comprehensive client case history, including but not limited to medical, treatment, medications, psychosocial, and vocational/avocational history.
- Recognize and select appropriate assessments or tools based on factors including but not limited to case history, contraindications, patient/client presentation, context, and reason for assessment.
- Complete appropriate physical demands analysis.
- Perform physical assessment procedures including, but not limited to, vital signs, anthropometrics, range of motion, strength, balance, cardiopulmonary fitness, and orthopaedic assessment.
- Demonstrate understanding of the appropriate use of ergonomic assessments and tools.
- Perform appropriate functional assessments of movement and performance.
- Use knowledge of measurement concepts (for example, reliability, validity, norms) to assess the appropriateness of assessment instruments.
- Understand, evaluate, and interpret assessment findings and referral documentation to form a clinical impression.

### Intervention

- Identify, select, develop, and prescribe intervention strategies to maintain, rehabilitate, or enhance movement and performance based on assessment findings.
  - Apply principles of program planning, design, adaptation, and prescription in physical activity, health, and rehabilitation programs.
  - Apply knowledge of learning theory and behaviour modification in communication, counselling, interviewing, and prescription.
  - Plan, design, and facilitate education programs including, but not limited to, health promotion, injury prevention, chronic disease treatment, management and prevention, and human movement and performance.
  - Counsel patients/clients regarding healthy behaviour and lifestyle management.
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# Professional Membership Work Experience Criteria



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- Demonstrate understanding of therapeutic modalities and treatment applications used to optimize rehabilitation including, but not limited to, ice, heat, exercise, taping, transcutaneous electrical nerve stimulation, and ultrasound.
- Design customized exercise prescription for healthy individuals including, but not limited to, flexibility, strength, endurance, balance, cardiopulmonary training, and corrective movement patterning.
- Design customized exercise prescription for individuals with pathology including, but not limited to, flexibility, strength, endurance, balance, cardiopulmonary training, and corrective movement patterning.
- Monitor, re-assess, and adjust prescriptions/treatment plans based on patient/client responses.
- Make recommendations for task and/or job modification and accommodation based on assessment of the demands of the workplace and evaluate effectiveness.
- Collect and objectively evaluate data on the effectiveness of programs and services.

## Professionalism

- Demonstrate understanding of, and compliance with, regulations, standards, guidelines, and a societal-based code of ethics.
- Recognize and address conflicts of interest.
- Act in the best interest of the patient/client.
- Practice within limits of own professional knowledge, competence, and skill set.
- Understand when to make referrals to the appropriate healthcare provider(s), other service providers, and/or programs.
- Adherence to standards for documentation and reporting.
- Apply safety techniques and procedures (for example, use universal precautions, follow emergency procedures, ensure a safe work environment).
- Practice in a manner that respects diversity and avoids prejudicial treatment of any specific population group.
- Facilitate patient/client access to services and resources.
- Use problem-solving and professional judgment in all aspects of practice.
- Be accountable for, and objectively support, decisions made, and actions taken in professional practice.
- Respect patient's/client's rights to reach decisions about treatment and/or services.
- Communicate and collaborate effectively as a member of an interprofessional team.
- Communicate with empathy and appropriate language with patients/clients.
- Communicate effectively with other stakeholders, including but not limited to third party payers, legal representatives, governmental entities, and community resources.
- Effectively deliver education to patients/clients.
- Advocate for the health and wellness of patients/clients.

End.

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