

# Credit Categories Table

## BCAK - Professional Development Program

1) Courses/Seminars/Conferences/Practice Education	Credit Allocation	Annual Credit Limit (per year) & Conditions*
a) BCAK Professional Development events & registered courses	1-credit/hr or as indicated	No limit
b) Healthcare Professional Conferences (CKA, NSCA, CAE, CSEP, NIDMAR, CMHA, ACSM, etc.)	1-credit/hr	No limit
c) Professional Kinesiology Training Courses/Workshops/In-services	1-credit/hr	No limit
d) Registered Online education courses and webinars	1-credit/hr	No limit
e) Post-Secondary Courses in Kinesiology or a related healthcare discipline*	1-credit/hr	No limit (30 hrs instruction time = 30 credits) *Must pass the course
f) First aid, CPR/AED	1 credit/hr	Maximum 5 credits
g) Self-directed study in Kinesiology <sup>i</sup>	1-credit/3hrs	Maximum 5 credits
h) Business courses for kinesiology professional practice <sup>ii</sup>	1-credit/3hrs	Maximum 10 credits
2) Service to the Profession	Credit Allocation*	Max 10 credits / year – cumulative of sub-categories
a) Presenting on kinesiology practice at professional conferences or educational events*	1-credit/hr	*Inclusive of Preparation and Presentation
b) Presenting research/defending a thesis at a healthcare conference*		
a) Training/mentoring of Kinesiology students	1 credit/5 hrs	Formal setting required
b) BCAK Officer or Committee Chair	7 credits	d) (GM attendance validated through BCAK voting application)
c) BCAK Director at large	5 credits	
d) BCAK General Meeting Attendance & Participation	5 credits	

End Notes:

<sup>i</sup> Includes: Anatomy TV-Primal Pictures, practice research, unregistered webinars, or other media resources

<sup>ii</sup> Includes: Financial management, human resources, IT, health and safety, business management & law