

# Credit Categories Table

## BCAK - Professional Development Program

| 1) Courses/Seminars/Conferences/Practice Education                                       | Credit Allocation           | Annual Credit Limit (per year) & Conditions*                                |
|--|-----------------------------|---|
| a) BCAK Professional Development events & registered courses                             | 1-credit/hr or as indicated | No limit  |
| b) Healthcare Professional Conferences (CKA, NSCA, CAE, CSEP, NIDMAR, CMHA, ACSM, etc.)  | 1-credit/hr                 | No limit  |
| c) Professional Kinesiology Training Courses/Workshops/In-services                       | 1-credit/hr                 | No limit  |
| d) Registered Online education courses and webinars                                      | 1-credit/hr                 | No limit  |
| e) Post-Secondary Courses in Kinesiology or a related healthcare discipline*             | 1-credit/hr                 | No limit<br>(30 hrs instruction time = 30 credits)<br>*Must pass the course |
| f) First aid, CPR/AED  | 1 credit/hr                 | Maximum 5 credits   |
| g) Self-directed study in Kinesiology <sup>i</sup>                                       | 1-credit/3hrs               | Maximum 5 credits   |
| h) Business courses for kinesiology professional practice <sup>ii</sup>                  | 1-credit/3hrs               | Maximum 10 credits  |
| 2) Service to the Profession   | Credit Allocation*          | Max 10 credits / year – cumulative of sub-categories                        |
| a) Presenting on kinesiology practice at professional conferences or educational events* | 1-credit/hr                 | *Inclusive of Preparation and Presentation                                  |
| b) Presenting research/defending a thesis at a healthcare conference*                    |                             |   |
| c) Training/mentoring of Kinesiology students  | 1 credit/5 hrs              | Formal setting required   |
| d) BCAK Officer or Committee Chair   | 7 credits                   | (GM attendance validated through BCAK voting application)                   |
| e) BCAK Director at large  | 5 credits                   |   |
| f) BCAK General Meeting Attendance & Participation                                       | 5 credits                   |   |

End Notes:

<sup>i</sup> Includes: Anatomy TV-Primal Pictures, practice research, unregistered webinars, or other media resources

<sup>ii</sup> Includes: Financial management, human resources, IT, health and safety, business management & law