

BCAK Professional Membership – Academic Standards Policy Professional Work Experience for Prior Learning Assessment and Recognition

Professional Work Experience (PWE) can be considered as a replacement through Prior Learning Assessment and Recognition (PLAR) for **up to three required core subjects (out of the required 14)** under the following criteria:

1. A minimum of 1500 hours of kinesiology-related (healthcare professional) work experience within the past five years, of which a maximum of 300 hours may include unpaid, volunteer or practicum undertaken in a previous education program.

Additionally,

- a. The PWE must be directly supervised by a qualified health professional (as defined by BCAK policy).
 - b. The PWE must align with the learning outcomes and essential competencies of the Core Subject(s) substitution.
 - c. The applicant must provide sufficient documentation and verification (as detailed in the PLAR portfolio guide) for review by the Membership Review Committee, and
 - d. The PLAR cannot be used to substitute for the Professional Practice and Jurisprudence (PPJ) subject (this subject cannot be substituted).
2. A written portfolio, prepared by the applicant, which identifies how the applicant's specific work experiences have enabled them to acquire and achieve the key performance indicators of the required subject¹.
 3. A minimum of two references from direct supervisors that confirm the applicant has attained 1500 hours of relevant work experience (or 1200 hours of relevant work experience and 300 hours of unpaid, volunteer and/or practicum) and has demonstrated an understanding of professional practice. Normally, applicants must also provide evidence that they have received direct kinesiology work supervision for at least a portion of their kinesiology work experience (i.e. engagement with a person who has been a registered kinesiologist for at least two years, or from a person who is a recognized health professional).

¹ <https://bcak.bc.ca/kinesiologists/apply-for-membership-2025/outside-of-bc-descriptions-for-required-academic-subjects/>



Updated April 21, 2026

Please review the full Portfolio Guide and follow those instructions.

A thorough review of the PWE for PLAR documents will be completed by the Membership Review Committee. The Committee may have questions and/or may request additional information from the applicant and/or may wish to contact or confirm information directly with the applicant's direct supervisors. The committee's decision to accept or not accept the PWE for PLAR of one required core subject is final and cannot be appealed.