



Thompson River University (TRU)

Pre-Approved Courses for BCAK Practicing Kinesiologist Applications

Courses accepted from this 2-year program only if used to complete 4-year bachelor program in kinesiology

Issue #: TRU-07162026V3

Part A – Required Core Subjects (14 Required)

Subject Requirement	Accepted Course(s)
Human Systems Anatomy	BIOL 1592 AND 1594 (total 3 credits)
Human Systems Physiology	BIOL 1692 or 1693 and BIOL 1694 or 1695 (total 3 credits for 2 courses)
Biomechanics of Human Movement and Tissues	None available/accepted
Human Motor Control and Learning	PHED 2210
Human Growth and Development	PHED 3840
Human Nutrition and Metabolism	None available/accepted
Human Exercise Physiology	PHED 2150
Psychology/Sociology of Health & Human Movement	PHED 2140
Pathophysiology	HLTH 2501 or PNUR 1710
Assessment and Treatment of Orthopaedic Disorders	None available/accepted
Assessment and Treatment of Cardiorespiratory and Metabolic Disorders	PHED 4350
Assessment and Treatment of Neurological Disorders	None available/accepted
Kinesiology Professional Practice & Jurisprudence	None available/accepted
Evidence-Informed Practice and Research Methods	HLTH 6000

Part B - 'Other' Kinesiology Subjects (Minimum of 16 Required)

Accepted Courses	Foundational Courses (max of 4)
PHED 1230	Math, sciences (biology, chemistry or physics) or psychology courses can be considered upon review of course syllabi.
PHED 2130	
PHED 3450	
HLTH 3101	PHIL 2310
HLTH 4021	PHIL 2311
	PHIL 4330

Important Information

- A minimum of 90 credits (equivalent to thirty 3-credit courses) is required to meet BCAA academic requirements.
- Applicants must satisfy 14 Core Subject Requirements and 16 Other (Elective) Subject Requirements.
- **Subject Requirement definition:** A subject requirement is a knowledge area that must be satisfied for application purposes (e.g., Human Anatomy, Exercise Physiology, Biomechanics). Applicants typically satisfy a subject requirement through successful completion of one or more post-secondary courses. A course may satisfy all or part of a subject requirement based on its content.

Course Allocation Rules

- When completing your self-assessment, enter one course per subject requirement unless the requirement is linked by **AND** or specifically indicates that **two courses** are required.
- A course may only be used once unless otherwise noted on this form.
- Unused Core Subject courses may be allocated to the **Other (Elective) Subject** category.
- All courses used to satisfy a subject requirement must be a minimum of 3 credits or be combined with other coursework to meet the minimum 3-credit requirement.
- The Carnegie Unit system of credit evaluation is used to assess course credits.

Additional Notes

- If you have completed a course that is not listed on this form and believe it satisfies a subject requirement, please contact the BCAA office and provide the full course syllabus. Many courses have been previously reviewed and assessed.
- Review the [BCAA Subject Descriptions](#) document for detailed content requirements and competency indicators.
- Course outlines or summary descriptions are only required where specifically identified.
- Acceptance of courses toward subject requirements does not limit the content of the Professional Competency Exam (PCE). The examination assesses professional core competencies related to athletic and clinical populations at both the acute and functional levels.