



Trinity Western University (TWU)

Pre-Approved Courses for BCKA Practicing Kinesiologist Applications

Issue #: TWU-07162026V5

Part A – Required Core Subjects (14 Required)

Subject Requirement	Accepted Course(s)
Human Systems Anatomy	BIOL 241
Human Systems Physiology	BIOL 242
Biomechanics of Human Movement and Tissues	HKIN 298
Human Motor Control and Learning	HKIN 276
Human Growth and Development	HKIN 260
Human Nutrition and Metabolism	HKIN 420
Human Exercise Physiology	HKIN 191 or 391 (470 previous to 2025)
Psychology/Sociology of Health & Human Movement	HKIN 292 or one of 325 or 340
Pathophysiology	HKIN 453 or 465
Assessment and Treatment of Orthopaedic Disorders	HKIN 372 or 473
Assessment and Treatment of Cardiorespiratory and Metabolic Disorders	HKIN 303 and 475
Assessment and Treatment of Neurological Disorders	
Kinesiology Professional Practice & Jurisprudence	HKIN 482 or 400
Evidence-Informed Practice and Research Methods	HKIN 375

Part B - 'Other' Kinesiology Subjects (Minimum of 16 Required)

Accepted Courses	Foundational Courses (max of 4)
HKIN 177 (277 previous to 2025)	BIOL 103
HKIN 195	BIOL 113
HKIN 201 or 202	BIOL 114
HKIN 280	BIOL 223
HKIN 320	BIOL 345
HKIN 342	CHEM 101
HKIN 351	CHEM 111
HKIN 377	CHEM 112
HKIN 428	MATH 102
HKIN 440	PHYS 111
HKIN 446	PHYS 112
HKIN 450 (provide summary description incl organization, location, hours, and activities/tasks)	
	Psychology Courses
HKIN 458A (1 credit) and HKIN 458B (2 credits) (provide summary description incl organization, location, hours, and activities/tasks)	PSYC 207
	PSYC 305
	PSYC 320
HKIN 472 (provide summary description incl organization, location, hours, and activities/tasks)	PSYC 322
	PSYC 331
	PSYC 356
HKIN 472 (provide summary description incl organization, location, hours, and activities/tasks)	PSYC 360
	PSYC 360
	PSYC 385
HKIN 492	PSYC 420
	Other foundational or psychology courses may be considered upon submission of full course syllabi.
HKIN 495 (provide topic and learning outcomes)	
STAT 102	



Important Information

- A minimum of 90 credits (equivalent to thirty 3-credit courses) is required to meet BCAK academic requirements.
- Applicants must satisfy 14 Core Subject Requirements and 16 Other (Elective) Subject Requirements.
- **Subject Requirement definition:** A subject requirement is a knowledge area that must be satisfied for application purposes (e.g., Human Anatomy, Exercise Physiology, Biomechanics). Applicants typically satisfy a subject requirement through successful completion of one or more post-secondary courses. A course may satisfy all or part of a subject requirement based on its content.

Course Allocation Rules

- When completing your self-assessment, enter one course per subject requirement unless the requirement is linked by **AND** or specifically indicates that **two courses** are required.
- A course may only be used once unless otherwise noted on this form.
- Unused Core Subject courses may be allocated to the **Other (Elective) Subject** category.
- All courses used to satisfy a subject requirement must be a minimum of 3 credits or be combined with other coursework to meet the minimum 3-credit requirement.
- The Carnegie Unit system of credit evaluation is used to assess course credits.

Additional Notes

- If you have completed a course that is not listed on this form and believe it satisfies a subject requirement, please contact the BCAK office and provide the full course syllabus. Many courses have been previously reviewed and assessed.
- Review the [BCAK Subject Descriptions](#) document for detailed content requirements and competency indicators.
- Course outlines or summary descriptions are only required where specifically identified.
- Acceptance of courses toward subject requirements does not limit the content of the Professional Competency Exam (PCE). The examination assesses professional core competencies related to athletic and clinical populations at both the acute and functional levels.