



University of the Fraser Valley (UFV)

Pre-Approved Courses for BCAK Practicing Kinesiologist Applications

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Part A – Required Core Subjects (14 Required)

Subject Requirement	Accepted Course(s)
Human Systems Anatomy	KIN 170
Human Systems Physiology	KIN 270 or one of 272, 370
Biomechanics of Human Movement and Tissues	KIN 215 or one of 315, 435
Human Motor Control and Learning	KIN 268 or 368
Human Growth and Development	KIN 365
Human Nutrition and Metabolism	KIN 260 or one of 460, 461
Human Exercise Physiology	KIN 163 or 362
Psychology/Sociology of Health & Human Movement	KIN 261 or one of 266, 360, 366, 451, 466, 499J
Pathophysiology	KIN 350 or one of 465, 463, 470
Assessment and Treatment of Orthopaedic Disorders	KIN 371
Assessment and Treatment of Cardiorespiratory and Metabolic Disorders	KIN 462 or 463
Assessment and Treatment of Neurological Disorders	KIN 363
Kinesiology Professional Practice & Jurisprudence	KIN 161* AND 481*
Evidence-Informed Practice and Research Methods	KIN 301

Notes:

- UFV Course Equivalencies: HSCI 111 and HSCI 113 may be used in place of KIN 170 and KIN 270.
- Courses with duplicate or substantially similar content may only be allocated once and cannot be used to satisfy both a Core Subject Requirement and an Other (Elective) Subject Requirement.
- One of KIN 161 or KIN 481 may also be used to satisfy an Other (Elective) Subject Requirement, in addition to a Core Subject Requirement, since the combined coursework represents 6 credits.

Part B – ‘Other’ Kinesiology Subjects (Minimum of 16 Required)

Accepted Courses	
KIN 103	KIN 402
KIN 121	KIN 455
KIN 160	KIN 488
KIN 161 or 481* one of these two can be used a second time	KIN 499
KIN 221 & 222 combined	HSCI 116
KIN 299	STAT 104
KIN 302	STAT 106
KIN 399	
KIN 401	

Additional Accepted ‘Other’ Subjects by Category

Foundational Science/Math Courses (Maximum of 4)	Psychology Courses
BIOL 111	PSYC 110
BIOL 112	PSYC 343
PHYS 111	PSYC 375
PHYS 112	PSYC 380
CHEM 113	PSYC 491S
CHEM 114	
MATH 111	
A number of other foundational science/math courses may be accepted if they demonstrate some relevance to kinesiology.	A number of other PSYC courses may be accepted if they demonstrate some relevance to kinesiology.

Additional Accepted 'Other' Subjects that have Supporting Documentation Requirements

Course	Required Documentation
KIN 299	Course description and learning outcomes
KIN 399	International experience – course description and learning outcomes and official transcript from originating post-secondary institute
KIN 401 and 402	Thesis summary(ies) and learning outcomes
KIN 455	Placement details (organization, location, and activities/tasks) and hours
KIN 499	Topic description and learning outcomes

Important Information

- A minimum of 90 credits (equivalent to thirty 3-credit courses) is required to meet BCAA academic requirements.
- Applicants must satisfy 14 Core Subject Requirements and 16 Other (Elective) Subject Requirements.
- **Subject Requirement definition:** A subject requirement is a knowledge area that must be satisfied for application purposes (e.g., Human Anatomy, Exercise Physiology, Biomechanics). Applicants typically satisfy a subject requirement through successful completion of one or more post-secondary courses. A course may satisfy all or part of a subject requirement based on its content.

Course Allocation Rules

- When completing your self-assessment, enter one course per subject requirement unless the requirement is linked by **AND** or specifically indicates that **two courses** are required.
- A course may only be used once unless otherwise noted on this form.
- Unused Core Subject courses may be allocated to the **Other (Elective) Subject** category.
- All courses used to satisfy a subject requirement must be a minimum of 3 credits or be combined with other coursework to meet the minimum 3-credit requirement.
- The Carnegie Unit system of credit evaluation is used to assess course credits.

Additional Notes

- If you have completed a course that is not listed on this form and believe it satisfies a



subject requirement, please contact the BCAK office and provide the full course syllabus. Many courses have been previously reviewed and assessed.

- Review the [BCAK Subject Descriptions](#) document for detailed content requirements and competency indicators.
- Course outlines or summary descriptions are only required where specifically identified.
- Acceptance of courses toward subject requirements does not limit the content of the Professional Competency Exam (PCE). The examination assesses professional core competencies related to athletic and clinical populations at both the acute and functional levels.