



Vancouver Island University (VIU)

Pre-Approved Courses for BCAK Practicing Kinesiologist Applications

Issue #: VIU07162026V8

Part A – Required Core Subjects (14 Required)

Subject Requirement	Accepted Course(s)
Human Systems Anatomy	KIN 201 or 301
Human Systems Physiology	KIN 220
Biomechanics of Human Movement and Tissues	KIN 400
Human Motor Control and Learning	KIN 202
Human Growth and Development	KIN 280
Human Nutrition and Metabolism	KIN 253 or 352
Human Exercise Physiology	KIN 302
Psychology/Sociology of Health & Human Movement	KIN 262 or one of 362 or 460 or both of KIN 230 and 252
Pathophysiology	KIN 351, or one of 365, 480, or 492D
Assessment and Treatment of Orthopaedic Disorders	KIN 401 or 492E
Assessment and Treatment of Cardiorespiratory and Metabolic Disorders	KIN 492B* or 492C*
Assessment and Treatment of Neurological Disorders	KIN 492B* or 492C*
Kinesiology Professional Practice & Jurisprudence	KIN 371
Evidence-Informed Practice and Research Methods	KIN 391

***Note:** Courses such as **KIN 492B** and **KIN 492C** may be used to satisfy both the Assessment & Treatment of Cardiorespiratory and Metabolic Disorders and Assessment & Treatment of Neurological Disorders subject requirements. However, applicants must still demonstrate completion of **14 Core Subject courses (minimum 3 credits each)** in total. Where a single course is used to satisfy both subject requirements, an additional Core Subject course must be allocated so that 14 Core Subject courses remain represented on the application.

Part B - 'Other' Kinesiology Subjects (Minimum of 16 Required)

Accepted Courses	Other Accepted Courses
KIN 103 and/or KIN 128 and/or KIN 138 (need 2 of 3 to equal 1 elective)	HHS 276
KIN 131 and 132 (combined to equal 1 elective)	PHIL 448
KIN 192 B + 192C (combined to equal 1 elective)	PSYC 205
KIN 203	PSYC 315
KIN 222	PSYC 326
KIN 248	PSYC 327
KIN 260	
KIN 285	Foundational Math/Science Courses
KIN 291	Up to a maximum of 4 courses
KIN 292B	BIOL 123
KIN 292C	CHEM 140
KIN 360	PHYS 111
KIN 373	MATH 161
KIN 380	MATH 181
KIN 451	MATH 203
KIN 461	
KIN 473 (provide summary description incl. organization, location, hours and activities/tasks)	Other relevant Math, Biology, Chemistry & Physics courses may be considered (course outlines required) – up to a maximum of 4 courses
KIN 474 (provide summary description incl. organization, location, hours and activities/tasks)	
KIN 481 (provide topic and learning outcomes)	
KIN 490 (provide summary description and learning outcomes)	
KIN 491 (provide topic and learning outcomes)	
KIN 492 (provide topic and learning outcomes)	



Important Information

- A minimum of 90 credits (equivalent to thirty 3-credit courses) is required to meet BCAK academic requirements.
- Applicants must satisfy 14 Core Subject Requirements and 16 Other (Elective) Subject Requirements.
- **Subject Requirement definition:** A subject requirement is a knowledge area that must be satisfied for application purposes (e.g., Human Anatomy, Exercise Physiology, Biomechanics). Applicants typically satisfy a subject requirement through successful completion of one or more post-secondary courses. A course may satisfy all or part of a subject requirement based on its content.

Course Allocation Rules

- When completing your self-assessment, enter one course per subject requirement unless the requirement is linked by **AND** or specifically indicates that **two courses** are required.
- A course may only be used once unless otherwise noted on this form.
- Unused Core Subject courses may be allocated to the **Other (Elective) Subject** category.
- All courses used to satisfy a subject requirement must be a minimum of 3 credits or be combined with other coursework to meet the minimum 3-credit requirement.
- The Carnegie Unit system of credit evaluation is used to assess course credits.

Additional Notes

- If you have completed a course that is not listed on this form and believe it satisfies a subject requirement, please contact the BCAK office and provide the full course syllabus. Many courses have been previously reviewed and assessed.
- Review the [BCAK Subject Descriptions](#) document for detailed content requirements and competency indicators.
- Course outlines or summary descriptions are only required where specifically identified.
- Acceptance of courses toward subject requirements does not limit the content of the Professional Competency Exam (PCE). The examination assesses professional core competencies related to athletic and clinical populations at both the acute and functional levels.