



Capilano University (CU)

Pre-Approved Courses for BCAK Practicing Kinesiologist Applications

Issue #: CU07162026V3

Part A – Required Core Subjects (14 Required)

Subject Requirement	Accepted Course(s)
Human Systems Anatomy	KINE 190 or KINE 390
Human Systems Physiology	KINE 191
Biomechanics of Human Movement and Tissues	KINE 151 or 351
Human Motor Control and Learning	KINE 230 or 495
Human Growth and Development	KINE 284
Human Nutrition and Metabolism	KINE 112
Human Exercise Physiology	KINE 275 or 375
Psychology/Sociology of Health & Human Movement	KINE 231** or 261**
Pathophysiology	KINE 231**, or one of 261**, 320 or 495
Assessment and Treatment of Orthopaedic Disorders	KINE 241
Assessment and Treatment of Cardiorespiratory and Metabolic Disorders	KINE 306* and 405*
Assessment and Treatment of Neurological Disorders	KINE 306* and 405* or Kine 495
Kinesiology Professional Practice & Jurisprudence	KINE 329 and 396*
Evidence-Informed Practice and Research Methods	KINE 301

Notes:

* Courses may be used to satisfy more than one of the following subject requirements: Assessment & Treatment of Orthopaedic Disorders, Assessment & Treatment of Cardiorespiratory and Metabolic Disorders, and Assessment & Treatment of Neurological Disorders. However, applicants must still demonstrate completion of 14 separate Core Subject courses (minimum 3 credits each). **Exception:** KINE 329 or KINE 396 may also be used as an Elective Subject if 14 Core Subject courses have been completed.

** If either **KINE 231** or **KINE 261** is used for two subject requirements, applicants must provide an additional Core Subject course, resulting in a total of **15** Core Subject courses.

Contact the BCAK office if you have questions: office@bcak.bc.ca

Part B - 'Other' Kinesiology Subjects (Minimum of 16 Required)

Accepted Courses	Accepted Courses
KINE 103	KINE 364
KINE 125	KINE 369
KINE 161	KINE 390
KINE 162	KINE 397 (provide summary description incl. organization, location, hours, activities/tasks)
KINE 206	
KINE 225	
KINE 296	KINE 495
KINE 302	KINE 497 (provide summary description incl. organization, location, hours, activities/tasks)
KINE 312	
KINE 317	
KINE 325	KINE 499 (provide summary description of project and learning outcomes)
KINE 331	
KINE 335	Foundational math, sciences (biology, chemistry, and physics) and relevant psychology courses will be considered upon receipt of full course syllabus.

Important Information

- A minimum of 90 credits (equivalent to thirty 3-credit courses) is required to meet BCAA academic requirements.
- Applicants must satisfy 14 Core Subject Requirements and 16 Other (Elective) Subject Requirements.
- **Subject Requirement definition:** A subject requirement is a knowledge area that must be satisfied for application purposes (e.g., Human Anatomy, Exercise Physiology, Biomechanics). Applicants typically satisfy a subject requirement through successful completion of one or more post-secondary courses. A course may satisfy all or part of a subject requirement based on its content.



Course Allocation Rules

- When completing your self-assessment, enter one course per subject requirement unless the requirement is linked by **AND** or specifically indicates that **two courses** are required.
- A course may only be used once unless otherwise noted on this form.
- Unused Core Subject courses may be allocated to the **Other (Elective) Subject** category.
- All courses used to satisfy a subject requirement must be a minimum of 3 credits or be combined with other coursework to meet the minimum 3-credit requirement.
- The Carnegie Unit system of credit evaluation is used to assess course credits.

Additional Notes

- If you have completed a course that is not listed on this form and believe it satisfies a subject requirement, please contact the BCAK office and provide the full course syllabus. Many courses have been previously reviewed and assessed.
- Review the [BCAK Subject Descriptions](#) document for detailed content requirements and competency indicators.
- Course outlines or summary descriptions are only required where specifically identified.
- Acceptance of courses toward subject requirements does not limit the content of the Professional Competency Exam (PCE). The examination assesses professional core competencies related to athletic and clinical populations at both the acute and functional levels.