



College of the Rockies (COTR)

Pre-Approved Courses for BCKAK Practicing Kinesiologist Applications

Courses accepted from this 2-year program only if used to complete 4-year bachelor program in kinesiology
Issue #: COTR-07162026V3

Part A – Required Core Subjects (14 Required)

Subject Requirement	Accepted Course(s)
Human Systems Anatomy	KNES 190 or 200
Human Systems Physiology	KNES 210
Biomechanics of Human Movement and Tissues	KNES 103
Human Motor Control and Learning	KNES 102
Human Growth and Development	KNES 202
Human Nutrition and Metabolism	KNES 205
Human Exercise Physiology	KNES 206
Psychology/Sociology of Health & Human Movement	KNES 204
Pathophysiology	None available/accepted
Assessment and Treatment of Orthopaedic Disorders	KNES 203
Assessment and Treatment of Cardiorespiratory and Metabolic Disorders	None available/accepted
Assessment and Treatment of Neurological Disorders	None available/accepted
Kinesiology Professional Practice & Jurisprudence	None available/accepted
Evidence-Informed Practice and Research Methods	KNES 209

Part B - 'Other' Kinesiology Subjects (Minimum of 16 Required)

Accepted Courses	Foundational Courses (max of 4)
KNES 104	BIOL 101
KNES 110	BIOL 102
KNES 163	
KNES 201	Other math, sciences (biology, chemistry or physics) or psychology courses can be considered upon review of course syllabi.
KNES 270	

Important Information

- A minimum of 90 credits (equivalent to thirty 3-credit courses) is required to meet BCAK academic requirements.
- Applicants must satisfy 14 Core Subject Requirements and 16 Other (Elective) Subject Requirements.
- **Subject Requirement definition:** A subject requirement is a knowledge area that must be satisfied for application purposes (e.g., Human Anatomy, Exercise Physiology, Biomechanics). Applicants typically satisfy a subject requirement through successful completion of one or more post-secondary courses. A course may satisfy all or part of a subject requirement based on its content.

Course Allocation Rules

- When completing your self-assessment, enter one course per subject requirement unless the requirement is linked by **AND** or specifically indicates that **two courses** are required.
- A course may only be used once unless otherwise noted on this form.
- Unused Core Subject courses may be allocated to the **Other (Elective) Subject** category.
- All courses used to satisfy a subject requirement must be a minimum of 3 credits or be combined with other coursework to meet the minimum 3-credit requirement.
- The Carnegie Unit system of credit evaluation is used to assess course credits.

Additional Notes

- If you have completed a course that is not listed on this form and believe it satisfies a subject requirement, please contact the BCAK office and provide the full course syllabus. Many courses have been previously reviewed and assessed.
- Review the [BCAK Subject Descriptions](#) document for detailed content requirements and competency indicators.
- Course outlines or summary descriptions are only required where specifically identified.
- Acceptance of courses toward subject requirements does not limit the content of the Professional Competency Exam (PCE). The examination assesses professional core competencies related to athletic and clinical populations at both the acute and functional levels.