



Langara College (LC)

Pre-Approved Courses for BCKAK Practicing Kinesiologist Applications

Courses accepted from this 2-year program only if used to complete 4-year bachelor program in kinesiology

Issue #: LC-07162026V3

Part A – Required Core Subjects (14 Required)

Subject Requirement	Accepted Course(s)
Human Systems Anatomy	KINS 1110
Human Systems Physiology	KINS 1131 AND 1132 (6 credits – 1 course can also be used as an elective)
Biomechanics of Human Movement and Tissues	KINS 2215
Human Motor Control and Learning	KINS 2211
Human Growth and Development	KINS 2280
Human Nutrition and Metabolism	NUTR 2500 or NUTR 2112 and 2212 (6 credits if using 2 courses – 1 course can also be used as an elective)
Human Exercise Physiology	KINS 2235
Psychology/Sociology of Health & Human Movement	KINS 1150
Pathophysiology	None available/accepted
Assessment and Treatment of Orthopaedic Disorders	KINS 2361
Assessment and Treatment of Cardiorespiratory and Metabolic Disorders	None available/accepted
Assessment and Treatment of Neurological Disorders	None available/accepted
Kinesiology Professional Practice & Jurisprudence	None available/accepted
Evidence-Informed Practice and Research Methods	KINS 2205

Part B - 'Other' Kinesiology Subjects (Minimum of 16 Required)

Accepted Courses	Foundational Courses (max of 4)
KINS 1100	BIOL 1115
KINS 1101	CHEM 1118
KINS 1120	CHEM 1121
KINS 1160	Other math, sciences (biology, chemistry or physics) or psychology courses can be considered upon review of course syllabi.
KINS 2030	
KINS 2206	
KINS 2252	
KINS 2262	
KINS 2295 (provide topic and learning outcomes)	
KINS 2370	
KINS 3303	

Important Information

- A minimum of 90 credits (equivalent to thirty 3-credit courses) is required to meet BCAA academic requirements.
- Applicants must satisfy 14 Core Subject Requirements and 16 Other (Elective) Subject Requirements.
- **Subject Requirement definition:** A subject requirement is a knowledge area that must be satisfied for application purposes (e.g., Human Anatomy, Exercise Physiology, Biomechanics). Applicants typically satisfy a subject requirement through successful completion of one or more post-secondary courses. A course may satisfy all or part of a subject requirement based on its content.

Course Allocation Rules

- When completing your self-assessment, enter one course per subject requirement unless the requirement is linked by **AND** or specifically indicates that **two courses** are required.
- A course may only be used once unless otherwise noted on this form.
- Unused Core Subject courses may be allocated to the **Other (Elective) Subject** category.



- All courses used to satisfy a subject requirement must be a minimum of 3 credits or be combined with other coursework to meet the minimum 3-credit requirement.
- The Carnegie Unit system of credit evaluation is used to assess course credits.

Additional Notes

- If you have completed a course that is not listed on this form and believe it satisfies a subject requirement, please contact the BCAK office and provide the full course syllabus. Many courses have been previously reviewed and assessed.
- Review the [BCAK Subject Descriptions](#) document for detailed content requirements and competency indicators.
- Course outlines or summary descriptions are only required where specifically identified.
- Acceptance of courses toward subject requirements does not limit the content of the Professional Competency Exam (PCE). The examination assesses professional core competencies related to athletic and clinical populations at both the acute and functional levels.